

Stacey Wood Be Light Yoga

Registration Form and Release & Liability waiver

Date: \_\_\_\_\_ Name: \_\_\_\_\_ Date of birth \_\_\_\_\_

Phone# \_\_\_\_\_ Email: \_\_\_\_\_

Full Address: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone# \_\_\_\_\_

List any allergies and Medical conditions: \_\_\_\_\_

Previous yoga experience ? Y or N Years? \_\_\_\_\_

**Please read carefully and sign below to complete enrollment:**

**RELEASE STATEMENT AND WAIVER OF LIABILITY:**

I, \_\_\_\_\_, hereby agree to the following:

1. That I, \_\_\_\_\_, am participating in a class, program or retreat offered by Stacey Wood BeLight Yoga, taught by Stacey Wood or a participating teacher, during which, I will receive information and instruction about Yoga, energy work, meditation. I recognize that this may require some physical exertion, which may be strenuous and may cause physical injury, and I am fully aware of the risks involved.
2. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in the Yoga class, program or retreat. I represent and warrant that I am physically fit and have no medical condition which would prevent full participation in the yoga class, program or retreat.
3. In consideration of being permitted to participate in this class, program or retreat, I agree to assume full responsibility for any risks, injuries or damages, known or unknown, which I might incur as a result of participating in the class/program or retreat.
4. In further consideration of being permitted to participate in the class/program or retreat, I knowingly, voluntarily and expressly waive any claim I have against Stacey Wood BeLight Yoga and its instructors for any injury or damages that may be sustained as a result of participating in the class/program or retreat.
5. I, my heirs or legal representatives, forever release, waive, discharge and covenant negligence or other acts.

I confirm that I have read and understand all the terms set out in this document, including the refund policy below; that I am 18 years of age; and I am aware that this waiver and release is binding upon me, my heirs and personal representatives.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Refund policy**

**Incliment weather will be monitored throughout the day, please call for updates.**

**Stacey Wood Belight Yoga reserves the right to cancel any class/program/workshop or retreat at any time and refunds will be given under these circumstances.**

**Retreat cancellation. Notice of cancellation must be given two full weeks, 14 days, prior to the start date of the retreat for a full refund. A 50% refund will be issued when notice given within two full weeks, 14 days, prior to the start date. Cancellation may be done through email or phone.**